

## **Steep Support Network**

**If any Steep resident needs help during the coming months because of illness or self-isolation, there is a willing group of volunteers to assist with things such as shopping, medicine collection, dog walking and so on.**

**Please don't struggle on your own!**

Contact: Ciara MacDonald on [steepvolunteers@gmail.com](mailto:steepvolunteers@gmail.com)

We will be keeping this page of our website regularly updated.

Information about the virus continues to be available on  
**[www.nhs.uk/conditions/coronavirus-covid-19](http://www.nhs.uk/conditions/coronavirus-covid-19)**

**Please also get in touch if you are willing to volunteer!**